



UNFILTERED

Healthy RC's
7th Annual Teen Summit

FREE

Wednesday, March 26
8:30 a.m. - 3:00 p.m.
Central Park
11200 BASE LINE RD.

HEALTHYRC.COM



WHAT TO EXPECT

Teen Summit 2025



EMPOWERMENT
LEADERSHIP
MENTAL HEALTH

-  Free Breakfast & Lunch
-  Motivational Keynote Speaker Discussions with Community
-  Resource Fair Internship Opportunities
-  Free T-Shirt

REGISTER HERE



*This is an informative event that does not constitute a therapist-client relationship. This is not a substitute for professional diagnosis or treatment from a mental health professional.

**NEW
CONTACT LIST
FOR THIS MEETING!**

Join us at our next

**HEALTHY RC
STEERING
COMMITTEE**

10:00 a.m. - 11:30 a.m.
via Zoom

● 4th Tuesday of the Month

TO PARTICIPATE OR FOR MORE INFORMATION VISIT
[PUBLICINPUT.COM/HRC2025](https://publicinput.com/HRC2025)

RANCHO CUCAMONGA
HEALTHY RC
MIND - BODY - SPIRIT



**SCAN HERE
TO JOIN
NEW CONTACT LIST**

HEALTHY RC STEERING COMMITTEE



MARCH 25, 2025





Healthy Eating & Active Living



Community Connections & Safety



Education & Family Support



Mental Health



Economic Development



Clean Environment



Healthy Aging



Disaster Resiliency

OUR VISION:

to create a community where people of all generations lead vibrant, healthy, and happy lives.

AGENDA



1 Welcome & Introductions

2 City Updates

- State of the City
- Fire
- Community Services

3 Partner Updates

4 Healthy RC Updates:

- Public Art

5

Blue Envelope Program - San Bernardino County Sheriffs Department, *Deputy Mike Jones*

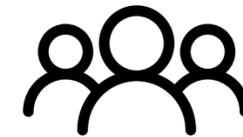
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Active IE, Ryan Paglinawan

ABOUT — *me*



Introduce yourself



Organization



Favorite tradition





CITY UPDATES





Hosted by the Rancho Cucamonga Chamber of Commerce
**RANCHO CUCAMONGA MAYOR'S 2025
 STATE OF THE CITY ADDRESS**

SOLID ROOFS + SMART Growth

APRIL 17

Victoria Gardens Cultural Center
 12505 Cultural Center Drive

During courtyard construction, please enter through north entrance

5:00 P.M. REGISTRATION & NETWORKING
6:00 P.M. PRESENTATION
NETWORKING MIXER IMMEDIATELY TO FOLLOW

TITLE SPONSOR



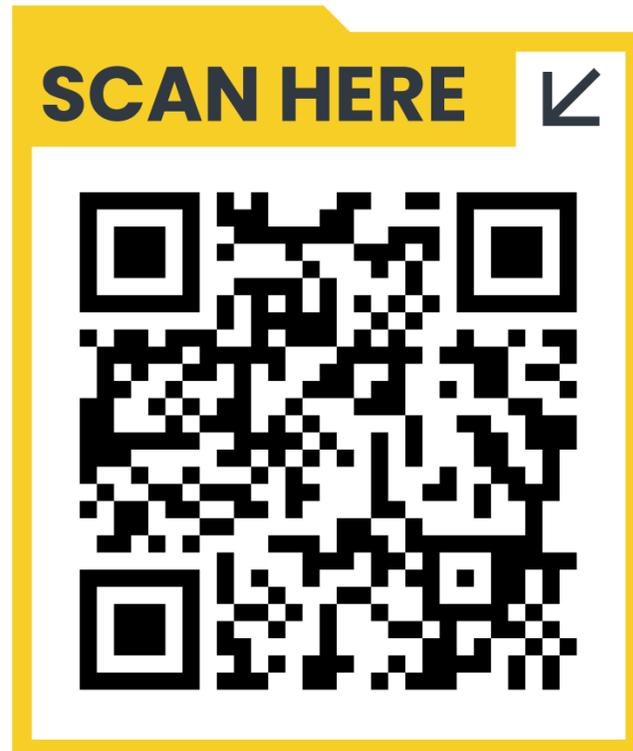
PLATINUM SPONSORS



GOLD SPONSORS



For all sponsors and event details, visit CityofRC.us/SOTC2025



www.cityofrc.us/SOTC2025

RANCHO CUCAMONGA FIRE DISTRICT



Is your business **READY** for an emergency?



BUSINESS PREPAREDNESS TRAINING

FREE

Business Emergency Resiliency Training (BERT) prepares businesses and employees for an emergency through a five-course series. Each class can be taken as a stand-alone preparedness course and forms a comprehensive training if completed in a series.

The courses have different skills and hands-on activities such as fire extinguisher use, basic first aid, hands-only CPR, emergency plans and policies, disaster organization, crime prevention, and much more!



SCHEDULE

ALL-RISK TRAINING CENTER

11285 Jersey Blvd. Rancho Cucamonga
Lunch is provided!

UNIT #1 DISASTER BUSINESS OPERATIONS

Thursday, March 27 | 9:00 a.m. to 12:00 p.m.

UNIT #2 EMPLOYEE PREPAREDNESS

Thursday, March 27 | 12:30 p.m. to 3:30 p.m.

UNIT #3 FIRE SAFETY & UTILITY CONTROLS

Thursday, April 10 | 12:30 p.m. to 3:30 p.m.

UNIT #4 EMERGENCY BUSINESS PLANS & EXERCISES

Thursday, April 10 | 9:00 a.m. to 12:00 p.m.

UNIT #5 TERRORISM, CRIME, CYBERSECURITY, & SAFETY

Thursday, April 24 | 9:00 a.m. to 12:00 p.m.

**All businesses are welcome.
Business does not have to be
located in Rancho Cucamonga.*



SCAN HERE WITH PHONE TO REGISTER!

QUESTIONS?

CONTACT US



1-909-774-3020



ReadyRC@cityofrc.us



ReadyRC.org

Be #ReadyRC for any emergency!

COMMUNITY SERVICES DEPARTMENT



Lewis Family Playhouse

OMNIUM
A BOLD NEW CIRCUS

 **Circus for All Ages**

MARCH 29 + MARCH 30

Charlotte's Web

 **Stage Play for Youth Audiences**

MAY 10 + MAY 17

BROADWAY'S NEXT HIT MUSICAL

 **Musical Improv Comedy**

MAY 23

COMMUNITY SERVICES DEPARTMENT



Upcoming Community Events

Egg Shellebration

Saturday, April 5 | Epicenter Sports Complex
\$10 registration for Egg Hunt | FREE Fun Zone
Petting zoo, crafts, jumpers, photo opps, etc.



Community Arts Festival

Partnership event with RC Community and Arts Foundation
Saturday, April 12 | Central Park | FREE Event
Scheduled performances, booths, class, activities, etc.





PARTNER UPDATES



Rancho Cucamonga Air Quality Community Meeting

Attendees will receive a \$20 Visa card!

Does air pollution impact your quality of life?
Help us monitor air quality in your neighborhood!

The California Air Resources Board, Aclima, and HARC are teaming up to measure air pollution block-by-block in **Rancho Cucamonga**.

- Join HARC for a community meeting where you can:
- Share your experiences with air quality in Rancho Cucamonga
 - Help decide where to monitor pollution levels



Food provided!

Register here:

<https://tinyurl.com/AirRancho>



**Central Park in
Rancho Cucamonga -
Clay Creek Room**
11200 Base Line Rd.,
Rancho Cucamonga, CA 91701

**Tuesday, April 2nd, 2025
6pm to 7pm**



For more information on the Statewide Mobile Monitoring Initiative, visit www.aclima.earth/ca-smmi



**JOIN US
MARCH 29TH
CELEBRATING
WOMANHOOD**

**To Celebrate
National Women's History Month &
International Women's Day, &
Women Who Advocate for Equity,
Diversity and Inclusion**

To honor Heroes of our local communities!

**Bake Sale, Vintage
Jewelry Sale...
and so much more!**



Scan me





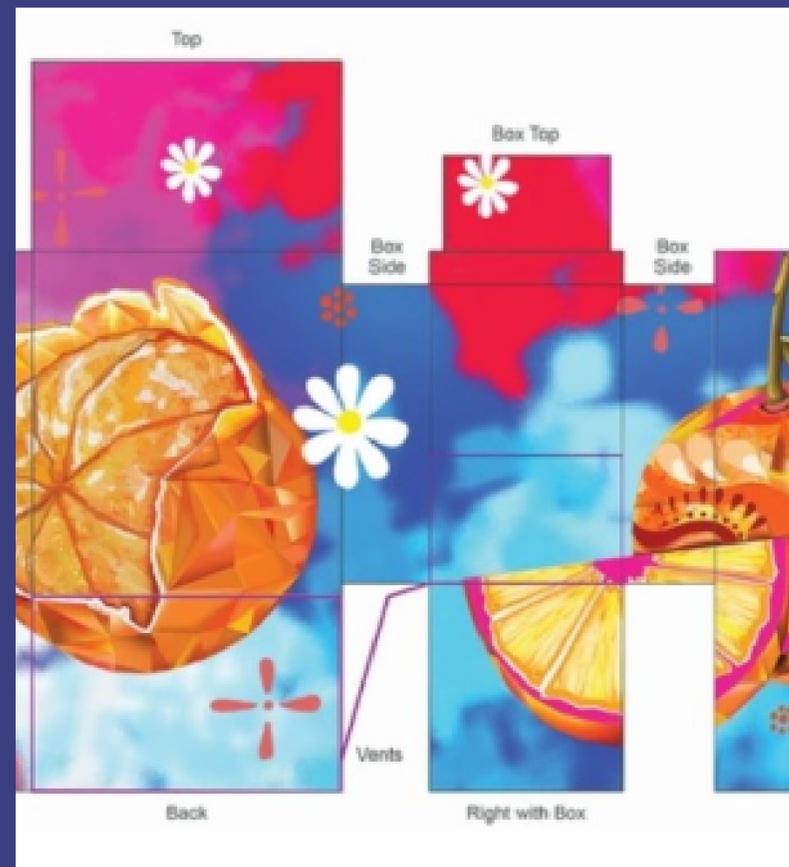
HEALTHY RC UPDATES



UTILITY BOX *Beautification*



2025 PROGRAM



Cheyne Ellett

Kimberly Duran

Carissa Hugo

Brandon Carn



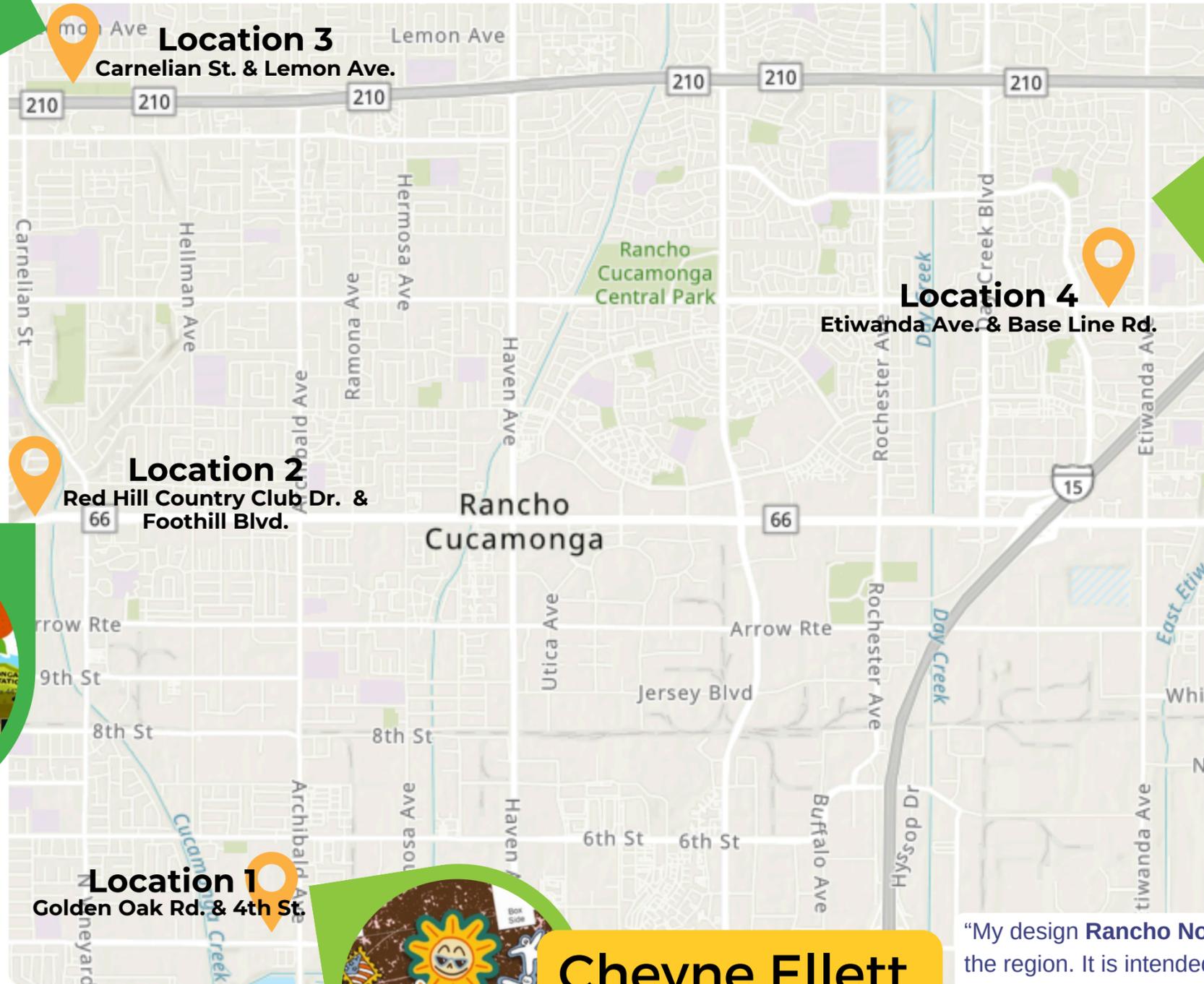
2025 Utility Box Beautification Program



Carissa Hugo

New to Inland Empire region

“The Ceanothus Moth, native to Southern California, serves as a central element, highlighting local biodiversity and fostering appreciation for the natural world.”



Kimberly Duran

Family Lives in Rancho Cucamonga

“**Rancho Bloom** is a vibrant tribute to Rancho Cucamonga's iconic citrus industry and its profound impact on the region's culture and traditions.”



Brandon Carn

Morena Valley Resident

“The piece acknowledges the community's connection to Route 66, but also the citrus industry and aviation.”



Cheyne Ellett

Pomona Resident

“My design **Rancho Notebook** incorporates a playful take on my spin of the region. It is intended to be viewed as a classic composition notebook cover with stickers on it. Each sticker is a different element in my view of RC. Mountains(geography), homes(suburbs), grapes(history), Oranges(history), flowers, records and music notes (dr. strange records), US postage stamp (pride) all connecting to RC's rich culture.”



Mathew Murphy
Civic Sparks Fellow

CONNECT RC BICYCLE SUBCOMMITTEE



6TH ST. CYCLE TRACK GUIDED BIKE TOUR & SAFETY RODEO

- SATURDAY 2/15
- OVER 80 PARTICIPANTS
- NEW RIDERS AND FAMILIES
- HELMET + BIKE LIGHT GIVEAWAY
- BIKE RODEO + OBSTACLE COURSE
- 5 MILE BIKE RIDE
- RAFFLE
- BIKE TUNE-UPS
- NEXT RIDE IS 3/22



6TH ST. CYCLE TRACK GUIDED BIKE TOUR & SAFETY RODEO

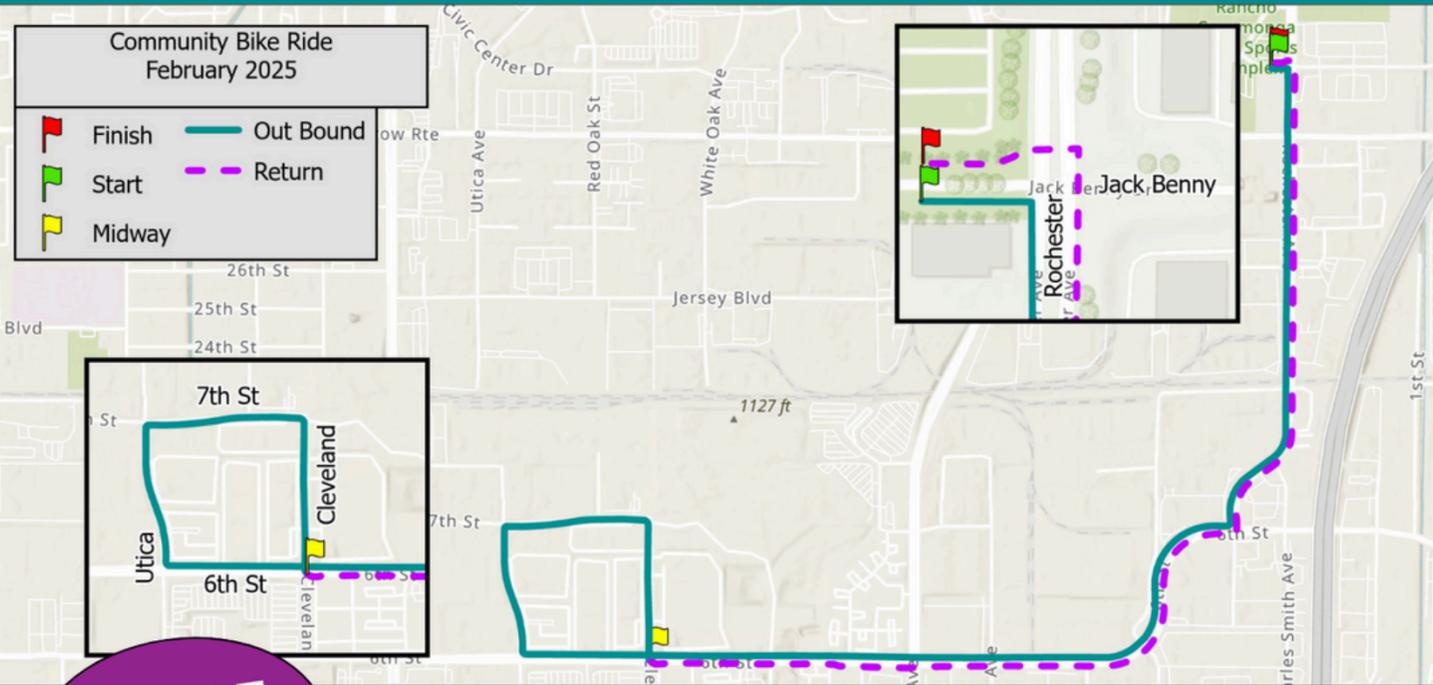


RANCHO
CUCAMONGA

**FREE
EVENT**

You're invited to a cycling safety event for the whole family! Featuring a guided bike tour, a youth obstacle course, and free helmets for the first 50 participants. Meet fellow riders and explore our new protected bike lanes on 6th Street.

Subject to change or cancellation based on weather, air quality conditions, and other factors.



**~5 MILE
BIKE TOUR
ROUTE**



FEBRUARY 15 AT 8:00 A.M.
RC EPICENTER SPORTS COMPLEX
8408 ROCHESTER AVE
PARKING LOT B

EVENT SCHEDULE

| | |
|------------------------|-----------|
| Registration & Warm-Up | 8:00 a.m. |
| Bike Tours Begin | 8:15 a.m. |
| Bike Rodeo Opens | 8:30 a.m. |
| Bike Prize Giveaway | 9:30 a.m. |
| Connect & Closing | 9:45 a.m. |



SCAN TO REGISTER & VIEW ROUTE MAP

Hosted by
**CONNECT
RC**
BICYCLE SUBCOMMITTEE



SAVE-THE-DATE:

Community Bike Ride
Saturday, November 23rd
7:00 a.m. to 9:00 a.m.
PE Trailhead on Milliken Ave.

THANK YOU!

healthyc.com

RC.Healthy@CityofRC.us

**Next meeting:
Tuesday, April 22nd
10-11:30 AM**



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STEERING
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RANCHO CUCAMONGA

HEALTHY RC



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Thank you!



CITY OF RANCHO CUCAMONGA